

“Hold Firm!”  
Swartz Creek / Lads to Leaders  
Family Bible Study - Week 7  
Hebrews 3:7-12

Read the text in the NKJV. Suggested memory verses: 3:11-12. In lieu of *memorizing* the verses, read the assigned text every single day for a week.

FOR ADULTS:

The main idea is: “Beware lest there be in any of you an evil heart of unbelief in departing from the living God.”

Verse 7 begins with “Therefore.” What is the connection between the prior paragraph and this one?

Which OT passage does the writer quote in 3:7-11?

Whom does the writer say *wrote* Psalm 95?

The OT text refers to Exodus 17:1-7. Take a moment to read that passage. What can Christians *learn* from that event?

The OT text also refers to Numbers 13:25-14:35. Read that passage and contemplate what Christians can learn from that text.

How did Israel *test* God in the wilderness? How did God respond?

What rest were the Israelites anticipating?

FOR TEENS:

If the writer says “the Holy Spirit says,” and then quotes the OT, what does this say about the *origin* of the OT?

The NT often portrays Christianity as a “new exodus.” Compare these passages and observe *how* Christianity can be a “new exodus:” Luke 9:31; 1 Cor. 5:7; 10:1, 4.

Trace the key word from 3:8 to 3:10 to 3:12. What is that word and what significance does it have?

Observe that the writer says (3:12), “in *any one of you...*” Is his concern for Christians as a *group* or *individuals*?

What does the “heart” have to do with staying faithful to Christ (3:12)?

When someone leaves Christ, is it voluntary or involuntary?

Believers have a corporate responsibility to encourage each other daily. How might you help and encourage those around you?

How can it be right for God to swear?

FOR KIDS:

How do we hear God's voice? How important is it to hear God's voice?

What does it mean to “try” God and to “test” God?

Think about what it means to make God angry. How does that make you feel?

What can you do to make sure you do not have an “evil heart of unbelief”?

Why might God be called “the living God” (3:12)?

FOR PRE-SCHOOL:

The Holy Spirit speaks to us in the Bible. Why is it important to listen to the Bible?

Why don't we want to make God upset? What is “sin”?

Have a parent or older sibling read Exodus 17:1-7 to you and draw a picture of that event.

Keep a notebook with your “Hebrews” study notes in them.