

“Hold Firm!”
Swartz Creek / Lads to Leaders
Family Bible Study - Week 8
Hebrews 3:13-19

Read the text in the NKJV. Suggested memory verses: 3:13-14. In lieu of *memorizing* the verses, read the assigned text every single day for a week.

FOR ADULTS:

The main idea is: “Exhort one another daily while it is called ‘today.’”

Why should we “exhort one another daily”? Consider the meaning of the phrase “lest...”

What are deceitful sins adults face?

What does it mean to “become partakers of Christ”?

What must we do to be a partaker of Christ?

What passage does the author quote in 3:15?

What event does the author have in mind when he talks about the “forty years” when God was angry?

What “rest” was the Israelites anticipating?

Why could the Israelites not enter their rest?

FOR TEENS:

What does it mean to “exhort” each other? Look also at 12:12-15.

“Sin” is mentioned in verse 13. What are its synonyms in verses 15, 18, and 19?

What are some deceitful sins which teens face?

What are signs that a Christian is simply enduring his or her spiritual experience?

“Confidence” (3:14) is found also in 11:1. How is Christ the basis of our confidence?

What is a modern equivalent to the Israelites struggling with unbelief in the wilderness?

How would you like to have more rest in your spiritual life?

FOR KIDS:

How can we “exhort one another”?

In what way(s) do Christians “share” with Christ? The same verb is used of the Holy Spirit in 6:4.

How many questions does the author ask in verses 16-19?

Read Numbers 14:22-38. Would *you* have been a part of the “ten” or a part of the “two”?

From 3:18, draw a circle around “rest” throughout the fourth chapter.

Why do we choose to wander through the wilderness rather than enjoying the rest that Jesus provides?

What about this world would you most look forward to resting from in heaven?

FOR PRE-SCHOOL:

How can we encourage someone to stay faithful to Jesus?

What does it mean to be “steadfast” to Jesus “to the end”?

What is “deceit”? Also, what is “sin”?

If the Israelites could not enter the Promised Land because of unbelief, can we go to heaven if we quit trusting in Jesus?

Draw a picture of Moses leading the Israelites across the Red Sea into the Promised Land.

Keep a notebook with your “Hebrews” study notes in them.