

“Hold Firm!”
Swartz Creek / Lads to Leaders
Family Bible Study - Week 10
Hebrews 4:9-16

Read the text in the NKJV. Suggested memory verses: 4:15-16. In lieu of *memorizing* the verses, read the assigned text every single day for a week.

FOR ADULTS:

The main idea is: “Let us come boldly to the throne of grace.”

Once again, verse 9 begins with “therefore”. How does this paragraph tie in to the previous paragraph?

How does the Christians’ rest compare with God’s rest at the creation? The writer is drawing a comparison. What is it?

In verse 12, the writer speaks of the word of God; in verse 13, he writes “no creature is hidden from His sight”. How do the two points relate?

Do you know His throne as the “throne of grace” in your life?

FOR TEENS:

What does the writer communicate to you when he writes: “Let us be *diligent*...”?

Write down all the ways the writer describes the “word of God:”

What makes us humans (Americans?) so restless?

Compare 1:1-2 with 4:13. How does the beginning relate to this section?

Christ is not far removed from our situation, struggles, and trials. How do verses 14-16 relate to the theme of Hebrews (“Hold Firm!”)?

What is meant by coming to Christ’s throne in “boldness”? Is it the same as “presumption”? What is the difference?

Why is it important to you that Jesus was *without* sin (see also 2 Cor. 5:21; 1 Pet. 1:19; 2:22; 3:18; John 7:18; 8:46; 14:30)?

FOR KIDS:

How many times does the writer say “Let us...” Write them down:

Look up the word “diligent”. What does it mean? What are some other things Jesus’ followers need to do “diligently”? See 2 Peter 1:10; 3:14; Eph. 4:3; 2 Tim. 2:15.

Christ as “passed through the heavens”! He is the “pioneer” of our faith (2:9; 12:2). What does it mean to us that Jesus is already in heaven?

Read verse 12. How can the Bible be so powerful?

FOR PRE-SCHOOL:

What are people supposed to confess before they become Christians? Do you know why?

When you think of a restful place, what comes to mind?

Draw a picture of a sword. If it was Christ’s sword, how would you decorate it? Have your parents read these verses which describe God’s word as a weapon: Isaiah 49:2; Eph. 6:17; Rev. 2:12.