

“Hold Firm!”
Swartz Creek / Lads to Leaders
Family Bible Study - Week 12
Hebrews 5:8-14

Read the text in the NKJV. Suggested memory verses: 5:8-9. In lieu of *memorizing* the verses, read the assigned text every single day for a week.

FOR ADULTS:

The main idea is: “He learned obedience by the things which He suffered.”

Why is it difficult to extend mercy to others, even though we sin ourselves?

What did Christ have to experience before He could be the “author of eternal salvation”?

What do you know about Melchizedek? He is only mentioned in two other passages: Genesis 14:18-20; Psalm 110:4.

Why could not the readers understand the writer’s message about Melchizedek?

If you don’t grow in your knowledge of God’s word, what would the Hebrew writer say about you?

FOR TEENS:

If sinless Christ had to suffer to learn obedience, what does this teach us about why God’s children must suffer?

What do we have to do before we can receive eternal salvation?

Children often can’t wait to grow up and often try to demonstrate that they are grown up. What must believers set aside in order to show themselves mature in Christ?

In what ways do you interact with Christ as your Priest? Your King?

How would you describe the difference between “milk” and “solid food” in the Bible?

What can we do to “exercise our senses” to “discern both good and evil”?

Why is it difficult to extend mercy to others, even though we sin ourselves?

FOR KIDS:

Describe what you think it was like for Christ to be separated from God on the cross.

How does it feel to be accused (or punished) for something you did not do? Why did Christ go through that willingly?

The Hebrew writer says we have to do something before Christ can be the “author of salvation” for us. What do we have to do?

Since the writer says there is “milk” and “solid food” in the Bible, what do you think is “milk” in the Word? What would be “solid food”?

FOR PRE-SCHOOL:

Can you imagine that Jesus *never did anything wrong*? But everyone did not like Him. And He suffered.

Have you ever woke up groggy? Can you imagine how someone could be whose *faith in Jesus Christ* is “groggy”? What should they do to “wake up” their faith?

Jesus had to suffer in order to become our High Priest. Draw a picture of Jesus on the cross, offering Himself (as a Priest) as our sacrifice.